

Repeat the following decree 4 times after acknowledging the situation. (Every time that thought comes in your mind)

I release _____ (name of the people & the situation) unto GOD. This situation and the people involved in it are in their true place at all times. I am free and they (he/she) are free. I now decree that my words go forth into infinite mind and it brings it to pass. It is so. And so it is !