

**(1)** I myself, and others, in my life involved in any discussion now dwell in the secret place of the Most High shall abide under the shadow of the Almighty mind.

**(2)** All the thoughts entertained by me now regarding \_\_\_\_ are now filled with and conform to harmony, peace and goodwill. That's a discipline of my mental well-being.

**(3)** My mind is now becoming the dwelling place of happiness, joy and a deep sense of security. All the thoughts that enter my mind contribute to my own joy, peace and a general welfare of others around me.

**(4)** I live, move and have my being in the atmosphere of good fellowship, love and unity. All the people that dwell in my mind, heart and in my thoughts, ideas, images, feelings, emotional reactions, and so forth are God's children, meaning they are God's ideas.

**(5)** I am at peace in my mind with all the members of my family and with all of mankind. The same good I wish for myself I wish for \_\_\_\_ and their family.

**(6)** I am living in the house of God now. I claim peace and happiness, for I know I dwell in the house of the God forever.