

Space element

- (1) Find a comfortable place & ground & centre yourself.
- (2) Take a few deep breaths & do the aura cleaning exercise 4 times.
- (3) For space, stand in the centre of your room and face east direction.
- (4) Read the declaration 5 times and take a sip of water and then read the healing statement also 5 times.
- (5) While doing this process,
 - a. keep the feet firmly on the ground in the centre of your room, that is, the brahmsthaan.
 - b. do not cross your hands or legs at any point.

Declaration for the space element

To the amazing and infinite expansiveness of the element of SPACE, I offer my appreciation and gratitude and thank the space energy that I am occupying now for supporting and empowering me in this physical lifetime.

Space healing treatment

As I stand in the epicenter of this existing space, my space for now, I offer my highest regards, profound gratitude, lots of appreciation and loving thankfulness again and again that I have received this fabulous opportunity to be present HERE NOW and exist in this earthly dimension of love and ecstasy. This space heals me and I heal this space. It is a mutually beneficial and a divinely co-existing experience. And I am so grateful !

Generations have come to and transitioned from this beautiful EARTH. Many souls twinkling in the sky now have been here and lived here. Today, as I stare at the SKY above and stand on this EARTH below, I am humbled at all this SPACE around me. Infinite. Unlimited. Expansive. Mysterious. Divine. Peaceful. Immeasurable. Innumerable. This space belongs to me at present and I commit myself to using it wisely and lovingly. Tomorrow it shall belong to someone else. And I am willing to complete my duty and responsibility to use it, maintain it and bless it. I am committed to leaving it atleast one degree and one percent better that I found it for my future generations and the generations of others to come. TODAY, as I stand in this epicenter (brahmsthaan) I realize what a beautiful chance I have got to experience everything that this SPACE on EARTH offers and I am humbled once again at the greatness of CONSCIOUSNESS to let me partner and coexist here for as long as I desire !

Your process is now complete.