

7 MORNING CONFIDENCE AFFIRMATIONS

- 1) Today I (**WILL BE AT**) (**AM DOING**)my best !
- 2) I embrace my true worth and radiate confidence !
- 3) I am capable, resilient, and ready to face my day !
- 4) I believe in myself and know there are wonderful things ahead !
- 5) I am energetic, motivated, and excited about today !
- 6) Every challenge is a chance to grow and strengthen my confidence today !
- 7) I (**WILL MAKE**)(**AM MAKING**)smart choices that support my highest goodtoday!