

MIDDAY CONFIDENCE BOOSTERS

- 1) I am in full control of my thoughts, feelings, and actions !

- 2) I am confident, self-assured, and capable !

- 3) My confidence is a magnet for success and rewarding experiences !

- 4) I am radiating confidence in all my communications and actions !

- 5) I am making great progress towards all of my goals !

- 6) I am carrying myself with confidence and poise !

- 7) I am centered, calm, focused, and unstoppable !