

## **SPIRITUAL DECLUTTERING**

Items and things that can be checked and discarded or kept properly, only if using regularly.

- (1) Photos & frames
- (2) Books & booklets
- (3) Puja clothes, chunris, headbands, etc.
- (4) Vaastu items and products
- (5) Fengshui wall hangings, coins, etc.
- (6) Pyramids of different kinds
- (7) Crystals of all sizes
- (8) Manuals of courses
- (9) PDF printouts, pamphlets, etc.
- (10) Old diaries, journals, notebooks, etc.
- (11) Newspaper cuttings
- (12) Magazine articles, photos, etc.
- (13) Dead persons' clothes, etc.
- (14) Threads, Tilaks, Gulal, etc.
- (15) Audio tapes, video tapes, etc.
- (16) Musical chants CDs, pen drives, etc.
- (17) Storage of WhatsApp
- (18) Storage of Google Drive
- (19) Gifts received during lifetime
- (20) House warming religious gifts
- (21) Marriage & other ceremony gifts